

Healthcare Science Week

Day 4 - Leadership & Courage

Welcome to Day 4!

Today we will be focussing on Leadership and courage in Healthcare Science. We're delighted to share words from Ruth Thomsen, Scientific Director for NHS England and Prof. Delia Ripley, Deputy Chief Scientific Adviser for Wales. We also share a segment about our Healthcare Science Leadership Journal, how to get involved and some FAQs!.

To complete the day, we have a quote from Prof. Catherine Ross, Chief Scientific Officer for Scotland who talks about the importance of setting up a good environment to allow future leaders to shine.

Today's inspirational quote

"A true leader has the confidence to stand alone, the courage to make tough decisions, and the compassion to listen to the needs of others." - Douglas MacArthur



Ruth Thomsen

Scientific Director for NHS England AHCS Leadership Ambassador



"Healthcare Science week is a fabulous opportunity to put true leadership into action. Its our time to shine both in the systems we work but also out into the communities we serve. We all play a role in enabling greater understanding of our roles during this week because HCS leadership happens one conversation at a time."

In 2017, Ruth developed the Practical Skills in Education, Training & Leadership (PSEL) 4-day programme with Dr Sue Fergy, Clinical Education Lead at Health Education.

The programme is designed for Healthcare Scientists (HCS) to develop the leadership skills and capacity for healthcare science workforce of the future. The four-day, face to face programme is enhanced by a series of online Action Learning Sets (ALS) and over 650 Healthcare Scientists have participated in the programme nationally.

The healthcare science professions are key to addressing the significant system challenges that we face across NHS Wales; the unique attributes of this workforce group are essential in driving innovations to improve patient health outcomes and in delivering high-quality patient care. By addressing workforce challenges, enhancing skillsets, working collaboratively and by harnessing their skill, expertise and knowledge through effective leadership, healthcare scientists will play a vital role in future transformation of our health and social care system."



Prof. Delia Ripley Deputy Chief Scientific Adviser for Wales

AHCS Healthcare Science Leadership Journal

A peer reviewed journal supported by the Academy for Healthcare Science and championed by its Professional Bodies Council

With today's theme being about Leadership within Healthcare Science, we wanted to highlight our Healthcare Science Leadership Journal!

This peer reviewed journal is the only journal focused on leadership in healthcare science and clinical research practice. Conceived and published by the Academy for Healthcare Science, it provides a forum where those working in healthcare science and clinical research practice can share and consolidate their own leadership experiences and learn from others. Topics addressed to date include: learning from change, the benefits of early career mentoring, helpful resources, health policy and long term planning, diversity and personal journeys into leadership.

When asked about the Leadership Journal, readers said:

"The articles in the Journal about neurodiversity in Autumn 2022's edition were taken up by our region (in England) and used to inform its diversity strategy - very helpful and informative"

"The Journal is one of the few publications I make sure I look at when it comes out. The content is very readable and brings me new ideas and insights"

"I enjoyed writing my article for the Journal and found it cathartic"

Who is the journal aimed at?

The Journal aims to inform and inspire all those working in healthcare science and clinical research practice. It does this by sharing ideas and experiences that provide insights into leadership. Its content should be of value to all healthcare scientists and clinical research practitioners, whatever their specialist skills, helping equip them to take initiatives and to lead and work with others.

What is the journal trying to do?

To help every healthcare scientist and clinical research practitioner become a more effective leader, wherever they work and whatever they do. Everyone's leadership path is different and the Journal seeks to provide information and inspiration to help each person on their own journey. If you are interested in submitting an article, anyone working in healthcare science or clinical research practice can contribute; those writing on a topic relevant to leadership in these fields; and those presenting relevant academic work.

It does not matter whether you are new to leadership or have years of experience. Everyone has something they can share about leadership, including what has inspired and encouraged them. You simply need to write about something relevant to the Journal's readers that will encourage and inspire others working in healthcare science and clinical research practice.

If you would be interested in contributing to our next edition, please email **william.smith@ahcs.ac.uk** for more information!

For all recent editions of the journal, click <u>here.</u>

THE HEALTHCARE SCIENCE LEADERSHIP JOURNAL





Prof. Catherine Ross

Chief Scientific Officer - Scottish Government

"We know the impact that our scientific workforce has on patient outcomes, so it is important that we foster the conditions to allow leaders to develop."



